

Port-A Implantation

Port-A Implanted venous access port is a device placed under your skin to give you medicines and treatments. The port is a small container that is normally placed in your upper chest. It reduces the pain that would otherwise be experienced with countless needle pokes for IVs.

Returning to activities

1. After port-a implantation surgery, it is recommended to avoid strenuous activities.
2. Avoid arm and upper body movements that may pull on the incision. These movements include heavy weight lifting (no more than 4.5 kg or 10 lbs.) and vigorous use of your arms. Do not do exercises with your arms above your shoulders or behind your back.
3. When your port is not being used, and the area has healed, you may return to your normal activities. You will also be able to bathe, shower, swim, and do other water activities.

If the following conditions occur, please return to the clinic

1. The area becomes red, swollen, painful, bruised, or warm.
2. There is a lot of bleeding.
3. Fever.
4. Any fluid leaks out.
5. Shortness of breath or dizziness.
6. You have new and sudden chest pain. You may have more pain when you take deep breaths or cough.